

# What is Sjögren's Syndrome?

Sjögren's Syndrome is a systemic autoimmune disease notably leading to a progressive disappearance of tears and saliva.

Sjögren's is a chronic disease with the most various expressions and can affect the entire body.

In autoimmunity, the patient's immune system mounts an inflammatory response for still unclear reasons. Becoming overactive, it attacks and destroys certain components, substances and tissues it is supposed to defend.



In Sjögren's Syndrome, the immune system mainly targets exocrine glands and more specifically lacrimal and salivary glands. Patients consequently experience intense oral and ocular dryness.

Patients usually also experience general symptoms like extreme fatigue and joint pain.

Lungs, kidneys, liver and other vital organs might be affected as well.

Most patients are women (9/10). At present, no causal curative treatment exists for Sjögren's Syndrome.



## Buts de l'Association

- Mettre en contact les personnes atteintes du syndrome de Sjögren
- Proposer une écoute, un soutien et des informations aux malades ainsi qu'à leur famille et entourage
- Contribuer à la recherche scientifique et médicale
- Faire connaître cette maladie rare au public

Notre association est membre de **ProRaris**,  
Alliance Maladies Rares de Suisse



## Every gesture matters

To support our cause and our association, you can join us or make a donation on the postal account:

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